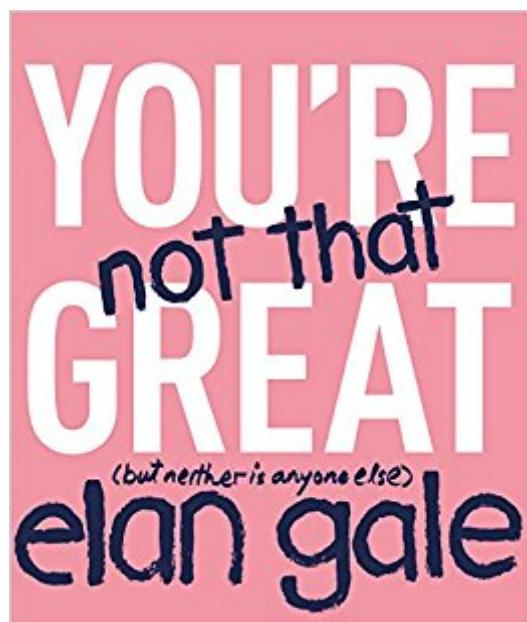


The book was found

# You're Not That Great: (but Neither Is Anyone Else)



## **Synopsis**

I am addicted to positivity. I am addicted to positivity. I am addicted to positivity. I care more about feeling great than being great. I am NOT THAT GREAT. The self-help industry tells you that if you're positive, if you put your best foot forward and if you just believe in yourself that you will find happiness. Let's be real, you can read all the inspirational quotes you want. You can spend your days giving yourself affirmations in your heart-shaped mirror and trying to learn to love yourself. You can say your mantra over and over again while sitting cross-legged on a yoga mat in a Whole Foods parking lot. But the truth is, you're not a badass and you still don't have the life you want. That's where You're Not That Great (but neither is anyone else) comes in. This book teaches you how to harness all the negativity in the world and use it to improve your life, taking everyday feelings like self-loathing, regret and shame and making them work for you. Positive thinking is for assholes. Negative thinking is for winners.

## **Book Information**

Hardcover: 208 pages

Publisher: Grand Central Publishing (December 5, 2017)

Language: English

ISBN-10: 1478918292

ISBN-13: 978-1478918295

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #52,400 in Books (See Top 100 in Books) #73 in Books > Humor & Entertainment > Humor > Parodies #109 in Books > Humor & Entertainment > Humor > Self-Help & Psychology #215 in Books > Humor & Entertainment > Humor > Essays

## **Customer Reviews**

Elan Gale is a strange person and executive producer of The Bachelor, The Bachelorette, Bachelor in Paradise, and several live shows. In his spare time, he is a social media provocateur who has amassed over 6 million social media followers between his various humorous accounts. He is small in stature, physically weak, and an alcoholic, but he has still managed to make himself a presence in the world. His antics have led him to be featured in the NYTimes, UsWeekly, Huffington Post, People Magazine, and The Daily Show with Jon Stewart, and countless other publications and blogs. He has already published two books under his nom de plume, Unspirational Texts from Your Ex, Tinder Nightmares and the upcoming Your Shitty Family. He currently lives in Los Angeles and

hates traffic.

[Download to continue reading...](#)

You're Not That Great: (but neither is anyone else) Planet Law School II: What You Need to Know (Before You Go), But Didn't Know to Ask... and No One Else Will Tell You, Second Edition You're Weird: A Creative Journal for Misfits, Oddballs, and Anyone Else Who's Uniquely Awesome Don't Know Much About Anything Else: Even More Things You Need to Know but Never Learned About People, Places, Events, and More! (Don't Know Much About Series) How to Cut Your Own Hair (Or Anyone Else's!): 15 haircuts with variations The Quotable Intellectual: 1,417 Bon Mots, Ripostes, and Witticisms for Aspiring Academics, Armchair PhilosophersÃ¢â€ž|And Anyone Else Who Wants to Sound Really Smart The Fiction Editor, the Novel and the Novelist: A Book for Writers, Teachers, Publishers, Editors and Anyone Else Devoted to Fiction Grammar for the Well-Trained Mind: Comprehensive Handbook of Rules: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who ... Works (Grammar for the Well-Trained Mind) Grammar for the Well-Trained Mind: Key to Student Workbook 1: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who Needs ... Works (Grammar for the Well-Trained Mind) Grammar for the Well-Trained Mind: Student Workbook 1: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who Needs to ... Works (Grammar for the Well-Trained Mind) Chickens May Not Cross the Road and Other Crazy(But True) Laws: and Other Crazy But True Laws Gracious: A Practical Primer on Charm, Tact, and Unsinkable Strength: Including instructions on being kind when you donÃ¢â€žt feel like it, ignoring the ... and sensible in a world that is neither Wrong Brother, Right Match (Anyone But You Book 3) You're Not Losing Your MIND, You're Losing Your HORMONES!: This book explains the reason for the, over 115, symptoms that accompany the hormone decline ... Therapy, But No One's Telling You) The music address book: How to reach anyone who's anyone in music They Can Live in the Desert but Nowhere Else: A History of the Armenian Genocide Neither Wolf nor Dog: On Forgotten Roads with an Indian Elder Bill Bryson Collector's Edition: Notes from a Small Island, Neither Here Nor There, and I'm a Stranger Here Myself Neither Plain nor Simple: New Perspectives on the Canterbury Shakers The Battle of Beginnings: Why Neither Side Is Winning the Creation-Evolution Debate

[Contact Us](#)

[DMCA](#)

[Privacy](#)

FAQ & Help